

The Recreation Review

Fall 2014

Visit Us Online! www.scotchplainsnj.gov



SCOTCH PLAINS PARKS & RECREATION

430 Park Avenue
Town Hall, Room 113
Scotch Plains, NJ. 07076
(908) 322-6700 x223

Director
Ray Poerio

Recreation

Stephen Dahl - Recreation Supervisor
Chris Monahan - Facility Manager
Charles DeFrancesco - Sr. Greenskeeper

Recreation Commission

Robert Giordanella, Chairman
Linda Grimm
Andy Weber
Keith Guarnuccio
Mike Walsh
Shawn Johnson
Pamela Duthie

Town Council

Kevin Glover, Mayor
Mickey Marcus, Deputy Mayor
Bo Vastine
Colleen Gialanella
Llewellyn Jones

Office Hours

Monday to Friday
8:30 AM to 4:00 PM

Public Meetings

2nd Monday of the Month
8:00 pm at Scotch Hills Country Club



Like Us On Facebook!

www.facebook.com/ScotchPlainsTwp

Leading Off...



Youth Basketball League

This semi-competitive league teaches skills and techniques of basketball. The older leagues will prepare the players for upcoming competitive school programs.

The younger leagues will focus on teaching basic skills and rules of the game.

All Participants must show up for Basketball Evaluations. Players will be evaluated by present and past coaches to create teams as equally as possible.

We are looking for Division Managers—inquire within
All Evaluations held at Park Middle School in October
(Dates & Times TBA)
Boys 3rd/4th Grades
Boys 5th/6th Grades
Boys 7th/8th Grades

Girls 3rd to 5th Grades
Girls 6th to 8th Grades

Fees:

\$85 (Early Registration through Sept 26th)

\$90 (Sept 27th to Oct 15th)

Registration Begins September 4th

Register Online at www.scotchplainsnj.gov

Scotch Plains Recreation Commission Philosophy:

The Scotch Plains Recreation Commission is dedicated to enhancing the quality of life by providing recreation activities and leisure services for all ages through programs, facilities and community services.

Inside This Edition:

Holiday Celebrations & Field Hockey



Fall Programs run by US Sports Institute

Fundamentals & skills in a low pressure environment.

All Classes take place at Kramer Manor Park & Tennis Courts

Must Bring Your Own Racket

Sunday First Play Tennis Ages 5-10

First Play Tennis is for beginner to intermediate level. Program follows Curriculum and guidelines laid out by the USTA, & includes their highly praised QUICK START tennis format using age appropriate court size & equipment.

Players must bring their own racquet.

Day / Dates: Sunday 9/14 - 10/26

Ages:	Fee:	Time:
5 to 8	\$115.00	1:00 pm to 2:00 pm
8 to 10	\$115.00	2:00 pm to 3:00 pm

Thursday First Play Tennis Ages 5-14

First Play Tennis is for beginner to intermediate level. Program follows developmental curriculum and guidelines laid out by the USTA, including their highly praised QUICK START Tennis format using age appropriate court size & equipment

Day/Dates Thursday 9/18 - 10/30

Ages:	Fee:	Time:
5 to 8	\$115.00	4:00 pm to 5:00 pm
8 to 10	\$115.00	5:00 pm to 6:00 pm
10 to 14	\$115.00	6:00 pm to 7:00 pm

Development Play Tennis Ages 8 -14

This program builds on what has been learned in **First Play** using more specialized instruction. Perfect for the intermediate tennis player.

Day / Dates : Sunday 9/14 - 10/26

Ages:	Fee:	Time :
8 to 10	\$115.00	3:00 pm to 4:00 pm
10 to 14	\$115.00	4:00pm to 5:00 pm

ADULT First Play Tennis Ages 15 & Up

First Play Tennis is for adults who are looking to learn tennis or haven't played in awhile and need to brush up on fundamentals.

Day / Dates: Thursday 9/18- 10/30
Fee: \$115.00
Time : 10:30am to 11:30am

ADULT Cardio Tennis Ages 15 & Up

Activities within the class are designed to raise your heart rate into the aerobic training zone, providing a whole body workout and burning optimal calories. **No previous tennis experience needed**

Day/ Dates Thursday 9/18 -10/30
Fee : \$115.00
Times : 9:30 am to 10:30am
3:00pm to 4:00pm

Junior Team Tennis Ages 10-14

Tennis program provides premium instruction to experienced players looking to take their game to the next level. Along with professional coaching and evaluation, players will have the chance to compete against other Junior Tennis Teams and notified of local youth tennis tournaments. All players receive a playing polo shirt and 12 month junior USTA membership. Please note the Junior Team Tennis Program is for the serious player looking to compete within the sport, teams will play at least one competitive fixture within the season.

Day / Dates : Thursday 9/18 - 10/30
Fee: \$299.00
Time 7:00pm to 8:30pm



Fall Programs run by US Sports Institute

Fundamentals & skills in a low pressure environment.

Classes take place at Southside Field & Kramer Field

Parent & Me - Soccer

Ages 2-3 Boys & Girls

A fun and positive introduction to soccer for children and their parents! With a parent participating by their side, kids will have fun learning soccer.

Days/Dates : Tuesday 9/23-10/28
Time: 9:30 am to 10:20 am
Fee: \$115.00
Location: Kramer Field

Soccer Squirts

Ages 3-5 Boys & Girls

Soccer Squirts learn the fundamental skills of soccer through a program of structured activities, fun based games, and scrimmages.

Days/Dates : Tuesday 9/23-6/10
Time: 10:30 am to 11:30am
 or 1:00 pm to 2:00 pm
Fee: \$115.00
Location: Kramer Field

T-Ball Squirts Ages 3-5 Boys & Girls

T-Ball Squirts focuses on the fundamental skills of the game; including hitting, throwing, catching and running the bases. Our progressive T-Ball curriculum enables each child to develop their skills, and understanding of the game

Days / Dates : Thursday 9/19-10/23
Fee: \$115
Time : 3:00 pm to 4:00 pm
 OR
 4:00 pm to 5:00 pm
Location: Kramer Field

Fall Break Sports Camps

Development Play Tennis AGES 8-14

Players will work towards refining their technique, generating consistent rallying skills, and grasping how to dictate direction of play to make game winning shots

DAYS / DATES: 9/25 & 9/26
TIME: 9:00AM - 12:30 PM
FEE: \$ 65.00
LOCATION: Kramer Tennis Courts

First Play Tennis AGES 5-10

First Play Tennis is for beginner to intermediate level. Program follows Curriculum and guidelines laid out by the USTA. Players must bring their own racquet.

DAYS / DATES 9/25 & 9/26
TIME: 9:00AM -12:30PM
FEE: \$ 65.00
LOCATION : Kramer Tennis Courts

Total Play Multi-Sports AGES 5-12 BOYS & GIRLS

DAYS/ DATES Tuesday 9/2 & Wednesday 9/3

Children will have the chance to play up to 4 different sports each day during School's Out Total Play Multi Sports Camps. The program allows children to develop coordination, accuracy, body control, and timing. Inspired by a fun and relaxed atmosphere, your child will have the opportunity to progress on the sports field.

CHOOSE ONE SESSION:

AGES	5-12	9:00 AM TO 12:30 PM	FEE:	\$65.00
AGES	5-12	1:00PM TO 4:00PM	FEE:	\$65.00
AGES	5-12	9:00 AM TO 4:00 PM	FEE:	\$95.00

LOCATION: KRAMER FIELD



Fall Programs run by US Sports Institute

Fundamentals & skills in a low pressure environment.

All Classes take place at Kramer Manor Park



Total Sports Squirts Ages 3-5 Boys & Girls

A program for the child who wants to try a little of everything, including lacrosse, soccer, basketball, t-ball, Floor hockey, parachute games and more.

Each session will be a different sport.

Day/ Dates Friday 9/19 –10/24
Time 9:30 am to 10:30 am
Fee \$115.00

Parent & Me –Total Sports Ages 2-3 Boys & Girls

An introduction for young children to sports, games and group activities with the help of Mom or Dad. Designed to encourage learning, gross motor skills and promote social interaction.

Day/ Dates Friday 9/19–10/24
Time 10:45 am to 11:35 am
Fee \$115.00

Tennis Squirts Ages 3-5 Boys & Girls

A great way to learn fundamental skills of grip, stance, racquet swing, movement on court while following the USTA guidelines. Racquets are provided.

Days/ Dates Thursday 9/18-10/30
Time 3:10pm to 4:00pm
Fee \$115.00

Development Play Tennis Ages 8-14 Boys & Girls

This US Sports tennis program builds on what has been learned in the First Play program using more specialized instruction. Perfect for the Intermediate tennis player.

Days/Dates Thursday 9/18-10/30
Ages 8-10 5:00pm to 6:00pm
Ages 10-14 6:00pm to 7:00pm
Fee \$115.00



Field Hockey Grades 3rd through 8th



Our brand-new Field Hockey clinic will instruct kids on the fundamentals of Field Hockey. Participants will learn techniques, rules and positions in this clinic. Participants will need their own stick, shinguards, mouthguard and cleats.

Day/ Dates Saturdays 9/6–10/25
Time 2:00pm to 3:00 pm
Fee \$60.00
Location Jerseyland Park



Scotch Plains Day Celebration!!!

Sunday October 5th

Noon to 5pm

Park Avenue



Food!

Car Show!

Rides!

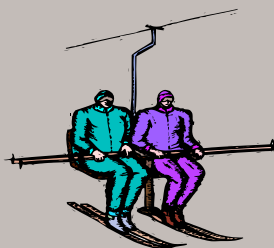
Music & More!

**Contact the Scotch Plains Recreation Department for Info on Entering your Car
(908) 322-6700 x223**

This event is run in conjunction with the Scotch Plains Recreation Commission,
Scotch Plains Lions Club & Scotch Plains Business Association

Shawnee Ski Program

For Scotch Plains & Fanwood Residents (Ages 13 to 18)



***Dates: January 9th, 16th, 23rd, 30th & Feb 6th Makeup - Feb. 20th)**

**Buses will leave behind Green Forest Park promptly
at 3:30pm and return at 11:30pm.**

Package options include lessons, rentals and helmet purchase.

Package Info Available in October

Bus Fee = \$99 per person Registration Begins Oct. 23rd



Music, Hobby & Theater Programs



Guitar 101—Ages 7 to 11

The guitar 101 class is centered around proper playing techniques, music theory and song study, in a fun and engaging group setting. Whether playing the six strings for the first time or learning new chops, our guitar class will provide students with a comprehensive approach to learning the guitar. **Students are encouraged to bring their own instrument.**

Register Now

Day/Time : Wednesdays / 7:00pm - 8:00pm
Dates: 9/24 to 10/29
Cost: \$75 for 6 week session
Location: Towne House at Green Forest Park

Aviation Grades K-5

Each Aviator learns to read plans, use metric rules to make calculations with actual FAA certified materials which are all included in this class.

Register Now

Day / Date: Tuesdays 10 /7 to 12/2
NO Class 11/11
Time: 4:00pm to 5:00pm
Cost: \$100 for 8 weeks
Location: Towne House at Green Forest Park

Magic Grades K-5

Calling all Magicians & Clever Young Wizards !
 Learn how to perform stage feats and trick your friends & family.

Register Now

Day / Dates: Mondays 10/6 to 12/1
NO class 10/13
Time: 4:00 pm to 5:00 pm
Cost : \$100 for 8 weeks
Location: Towne House at Green Forest

Fashion Design Grades 2- 5

Are you ready to design your own perfect outfit ? Do you love to try out new fashions ? And since every young designer deserves their day on the runway, we'll celebrate the end of the season with a fashion show for friends and family !

Register Now

Day / Date: Thursdays 10/9 to 12/4
NO Class 11/27
Time: 4:00pm to 5:00pm
Cost: \$100 for 8 weeks
Location: Towne House at Green Forest Park

Classes Run By Hobby Quest

Play Theater - Ages 6 to 10

If you want to be on Broadway, you'll need to start with skills in singing, dancing and acting! This program will introduce basic theater performing skills through vocal and physical warmups, theater games, character and scene exercises as well as musical numbers. Course will commence with a performance for family and friends.

Register Now

Day/Date: Mondays 9/8 to 10/27
Cost: \$150
Time: 6:00pm to 7:30pm
Location: Towne House at Green Forest

Play Theater Production - Everything About A Day (Almost)

Ages 7-14

Come along for the ride as we show what the day in the life of a kid is all about! Audition for this kid-friendly musical and learn intermediate skills in singing dancing and acting through the rehearsal and performance process. There are many featured roles to cast and everyone will be included

Register Now

Audition Date: Sunday 11/9 - Noon to 4pm (Green Forest Park)

Rehersals: 11/17 - 1/30/15 (Sun. Afternoons & Mon. Evenings)
Cost: \$150
Performance: Feb. 3rd
Location: Towne House at Green Forest Park

Senior Exercise Programs

Classes are held in the Towne House at Green Forest Park

*** * * * No Classes held on 10/13, 11/11, 11/27 11/28 , 12/25 , 12/26 * * * ***

Senior Dance Fitness

Senior exercise incorporates cardio dance moves with strength training using weights.

Registration Begins September 16

Day: Tuesday & Thursday
Time: 10:00am to 11:00am (SESSION1)
 11:00am to 12:00pm (SESSION2)
Dates: Begins 9/23 —12 sessions
Cost: Residents—\$5, Non-Residents \$10

Senior Yoga

Yoga exercises done standing & on the floor.
Participants Must Bring A Mat

Registration Begins September 16

Day/Time : Monday & Wednesday
 12:00pm to 1:00pm
Dates: Begin 9/22* - 11/3* —12 Sessions
Cost : \$15 per person



Line Dancing

Sandy and Lou are back again for this exciting line dancing to Ballroom and Salsa rhythm class! Whether you're a beginner or a pro, you'll be sure to have a good time.

Register Now !

Day: Mondays
Time: 10:45am to 11:45am
Dates: Begins 9/8, 15, 22, 29, 10/6, 20, 29 11/3, 10, 17, 24 & 12/1
Cost: Resident - \$15, Non-Resident - \$20



Senior Citizen Appreciation Day



Thursday September 18th

Location: Scotch Hills Country Club

Join us as we celebrate the Seniors of Scotch Plains!!

All Seniors Golf & Mini-Golf Free!!!



Come Play Bingo - 11:00am

Free Barbecue Lunch at Noon!!

Scotch Plains Recreation
430 Park Avenue
Scotch Plains, NJ. 07076

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Register For All Programs Online at www.scotchplainsnj.gov!

Halloween Celebration

**Co-sponsored by the
Scotch Plains & Fanwood Recreation Commissions**

Friday October 31st, 2014



**Trunk or Treat - 5:30pm - Fanwood Library
Parade to LaGrande Park - 6:15pm
Costume Contest - 6:45pm—LaGrande Park**



For More Info Call Scotch Plains Recreation at 908-322-6700 x223

Recreation Department Registration Guidelines

Registration begins only on the date as listed with each program. Participants may sign up either online through our Community Pass Registration system at www.scotchplainsnj.com or through the Recreation Office.

Those individuals needing special accommodations should contact the Recreation Department.

REFUND POLICY

All programs are non-refundable, except in the event that a class is cancelled due to enrollment. Refunds are processed through town check according to the Finance Department's billing schedule. Process for refunds typically take 4 –6 weeks.

23rd Mayor's Gala

Date & Location TBA

*Honoring the Volunteers
of Scotch Plains*

**For Info and Nomination Forms
Please Visit
www.scotchplainsnj.gov**

Holiday Celebration

**Sunday in December TBA
2:00pm to 5:00pm
Village Green
Municipal Building
Park Avenue**

**Co-Sponsored by the
Scotch Plains Business and
Professional Association**